



## Timbarra P-9 College

### HEARTY HOT FOOD

Lasagne 97% fat free	\$5.80	☺☺☺
Macaroni Cheese 97% fat free	\$5.80	☺☺☺
Vegetarian Fried Rice 97% fat free	\$5.80	☺☺☺V
Dim Sims Steamed	\$1.50	☺☺☺
Chicken crumbed tender	\$2.50	☺☺GF
Hot Dog	\$4.20	☺☺
Hot Noodles Beef or Chicken	\$3.50	☺☺
Beef Cheese Burger with Lettuce and Sauce	\$6.00	☺☺☺
Chicken and Cheese Burger with Lettuce & Mayo	\$6.00	☺☺☺
<b>Gluten Free</b> Hot Dog (no roll)	\$3.50	☺☺GF
Chicken Breast Nugget - Bag of 3	\$4.00	☺☺
Chicken Breast Nugget - Bag of 6	\$7.00	☺☺
Corn Cobbette	\$1.50	☺☺☺
Lite N Up Beef Pie	\$5.80	☺☺
Lite N Up Sausage Roll	\$5.20	☺☺
Lite N Up Snack Party Pie	\$1.40	☺☺
Potato Wedges (Sour Cream 0.50c)	\$5.00	☺☺ V
Oven Baked Potato Cake (recess only)	\$1.50	☺☺

Ordering on-line is available through QKR  
Download the App through the App store or Google Play

### TASTY JAFFLES

Baked Bean and Cheese	\$4.50	☺☺☺ V
Spaghetti	\$4.00	☺☺☺ V
Cheese	\$4.00	☺☺☺ V
Ham and Cheese	\$5.00	☺☺☺

Preferred Payment Method



### SPECIAL SNACKS

Popcorn, Butter, Cheese or Slightly Sweet	\$1.80	☺☺GF
Red Rock Chips Honey/Soy	\$1.80	☺☺
Choc Chip Cookies	\$2.80	☺☺
Gingerbread	\$2.00	☺☺
Ovalteenies	\$1.30	☺☺
Yoghurt Frogs (5 for \$1.00)	\$1.00	☺☺
Homemade Mini Muffin	\$1.20	☺☺
Fruit Salad Cup	\$2.30	☺☺☺GF
Jelly Cup with Fruit	\$2.00	☺☺☺GF

### SUPER SANDWICHES AND SALADS

	Sandwich	
Vegemite	\$2.40	☺☺☺ V
Cheese	\$2.60	☺☺☺ V
Ham (97% fat free)	\$3.50	☺☺
Ham (97% fat free) and Salad	\$5.00	☺☺
Ham & Cheese	\$4.40	☺☺
Roast Chicken	\$4.40	☺☺☺
Roast Chicken & Salad	\$5.20	☺☺☺
Fresh Salad (lettuce, cucumber, tomato, carrot)	\$4.40	☺☺☺ V
Egg & Lettuce	\$3.50	☺☺☺ V
<b>Rolls or Wraps extra</b>	<b>\$0.80</b>	
<b>*** All sandwiches on wholemeal bread ***</b>		
White bread available on request		
<b>FRESH MADE SALAD BOXES</b>		
Mixed Salad (lettuce, cucumber, tomato, cheese, carrot)	\$5.00 Regular	☺☺☺GF
Add beetroot	\$0.50	
Add egg	\$1.00	
Add Chicken or Ham	\$1.20	

### EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.40	☺☺
<b>LUNCH BAGS</b>	<b>\$0.30</b>	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

### DRINKS

250ml Water	\$1.60	☺☺☺GF
600ml Water	\$3.00	
<b>250ml Milk (Reduced Fat)</b> Chocolate, Strawberry	\$3.00	☺☺☺GF
<b>100% Fruit Juice 250ml</b>	\$3.00	☺☺☺GF
Apple or Tropical		
<b>Chill J 100% Sparkling Fruit Drink</b>	\$3.00	☺☺GF
Raspberry, Grape, Watermelon, Lemonade		

### FROZEN TREATS

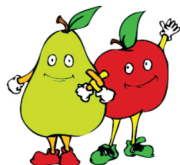
Frozen 100% Juice Tubes	\$1.20	☺☺☺GF
Frozen Skim Milk Tubes (Choc or Blue)	\$2.50	☺☺☺GF
Icy Pole	\$1.50	☺☺GF
Frozen Pineapple and Watermelon	\$0.60	☺☺☺GF
Twisted Frozen Yoghurt Choc/Van or		
Mango/W/Melon/Strawberry	\$3.00	☺☺☺GF
Streets Paddle Pop Rainbow	\$2.60	☺☺

☺☺☺ Every Day Foods

☺☺ Select Carefully foods

**V** Denotes Vegetarian

**GF** Denotes Gluten Free.



PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG  
PRICES SUBJECT TO CHANGE

Bring lunch bag back to canteen to pick up your frozen treat