

Sports Academies



The Timbarra College P-9 Sports Academy offers our students in Years 5 -9 a unique opportunity to participate in a specialised sporting program focused upon strength, conditioning, training and match play. The program teaches students the skills required to be a lifelong athlete.

Students selected into the Timbarra College P-9 Sports Academy will train within their chosen sport for 90 minutes each Wednesday afternoon by an external Head Coach and assisted by Timbarra PE staff. Students will also be required to attend two lunchtime fitness sessions a week run by a sports science team, Iron Tribe. Students will also have the opportunity to participate in matches amongst other schools within the South-East region. The following disciplines are offered:

- AFL
- Soccer
- Basketball
- Netball
- Martial Arts (Jiu Jitsu)

Selection Timeline

Academies Parent Information Session - Tuesday 8th September

Online Applications Open - Tuesday 8th September

Online Applications Close - Friday 9th October

Sports Academy Tryouts - Wednesday 18th November 2:15 - 4:30pm

Sports Academy Positions Finalised - Friday 4th December

Costs

AFL, Soccer, Netball and Basketball - \$300 (Specialist coaches, Iron Tribe coach, competition transport)

Martial Arts - \$150 (Iron Tribe coach, excursion transport and entry)

For more information

